

Body and Soul

Volume 1

for mezzo-soprano, violin, viola, cello

music by Pamela J. Marshall

poems by Elizabeth Kirschner

*Art-Poem-Music collaboration:
visual artist Sirarpi Heghinan Walzer
poet Elizabeth Kirschner
composer Pamela J. Marshall*

PREVIEW

Art-Poem-Music: Body and Soul

About the project

An exciting opportunity arose for me when poet Elizabeth Kirschner contacted me about collaboration in 2006. She enjoys working with composers and her way of combining human and nature imagery really appealed to me. The right project appeared when artist Sirarpi Heghinian Walzer was planning for her next show at the Depot Square Gallery in Lexington, MA. She was planning concerts to take place during her exhibition and there was an opportunity to connect music and words with her art. The exhibition, and the resulting poems and songs, are titled "Body and Soul".

Elizabeth began writing the poems as she studied Sirarpi's paintings and mixed media work. There are over twenty poems. Then I began writing songs. Sirarpi continued to create new works as she heard the new work. The intensity of the words seemed dark to me, at first, but as I lived with this imagery, I began to understand it as a more complete view of being alive, wrapping both suffering and joy, growing and decay, into a sensitive awareness of life.

Volume 1 is for mezzo, violin, viola, and cello. It sets six poems: Touch and Believe, Grace, The Death Drums, Each Stitch, Shattered Sunflowers, and The Grief Tree.

Volume 2 is for soprano, flute, cello and piano, setting three poems: Mulched by Moonlight, O Trill, and The Lost Roots.

I've also set several of the poems for reader and semi-improvised ensemble.

Spindrift Commissioning Guild project for 2007

The following friends and supporters contributed to support Art-Poem-Music: Body and Soul.

Thank you!

Andrea Harrington, artist
Frederic Boutaud of Art Without Borders
Geoff Day

In 2009, Body and Soul Volume 2 received Honorable Mention for the Miriam Gideon Prize from the International Alliance for Women in Music in their Search for New Music competition.

1. Each Stitch

Andante espressivo ♩ = 86

Voice

Violin

Viola

Cello

8

A *mf*

All I want to be is an old rose

A

f *mp*

14

sof-ten-ing in the nec-tar of late au - tumn.

mp

mp
sul pont.

Body and Soul Vol.1 - 1. Each Stitch

20 **B**

Musical score for measures 20-22. The score is in 4/4 time and consists of three staves: Treble, Bass, and a lower Treble staff. Measure 20 is a whole rest. Measure 21 features a melody in the Treble staff starting on a flat, with dynamics *f* and *sul pont.* in the final measure. The Bass staff has a melody starting on a flat with dynamics *f* and *s.p.* in the final measure. The lower Treble staff has a melody starting on a flat with dynamics *f* and *ord.* in the final measure. Measure 22 continues the melodic lines.

23

Musical score for measures 23-25. The score is in 2/4 time and consists of three staves. Measure 23 is a whole rest. Measure 24 features a melody in the Treble staff with lyrics "In - stead, I ___" and dynamics *mf* and *fiercely*. The Bass staff has a melody with dynamics *ord.*, *p*, *f*, and *mp*. The lower Treble staff has a melody with dynamics *ord.*, *s.p.*, and *mp*. Measure 25 continues the melodic lines with dynamics *fiercely* and *mp*.

26

Musical score for measures 26-28. The score is in 2/4 time and consists of three staves. Measure 26 features a melody in the Treble staff with lyrics "am ___ the wi - ther-ing wind, ___ I ___ am ___ the wi - ther-ing wind the ___". The Bass staff has a melody with dynamics *s.p.* and *ord.*. The lower Treble staff has a melody with dynamics *ord.* and *(ord.)*. Measure 27 continues the melodic lines. Measure 28 continues the melodic lines.

Body and Soul Vol.1 - 1. Each Stitch

30

wi - ther-ing wind, and my soul _____ is the chill that seeps

p **C**

broadly *pp* *sul tasto*

broadly *pp* *sul tasto*

broadly *sul pont.* *pp* *sul tasto*

broadly *pp*

35

un - der the sill _____ of a locked door _____ in or - der to whis - per:

39

Fly deep - - ly in the high _____

p

mf *p sub.* *ord.*

mf *p sub.* *ord.*

mf *p sub.*

Body and Soul Vol.1 - 1. Each Stitch

43 *p* **D**

depths_ of who you are.

f *p* *mf*

48 *mp*

Some-where, some - where_ a wo-man is sing-ing while she paints: -

pp

54

each note_ kis-ses the can - vas with the gol-den seal of rap -

pp

Body and Soul Vol.1 - 1. Each Stitch

59

E

ture.

mf

mf

mf

65

mp

I can say bit - ter salt has been pressed in-to my flesh,

mp

70

mp

but still I sweeten, still I reap while I grow young in order to grow old - er.

p

mp

mp

Body and Soul Vol.1 - 1. Each Stitch

75 **F**

passionately

See how I mend my tat-tered heart- strings.

F

colla voce

f

colla voce

f

colla voce

f

79

mp

Each stitch stit- ches me to the shin- ing sil- hou- ette

mp

mp

port.

85 **poco meno mosso**

of the one I love.

poco meno mosso

pp

p

pp

pp

pp

pp

Body and Soul Vol.1 - 1. Each Stitch

90

p

o rose, o golden seal of rap-

p *mp* *mp* *mp*

95

- ture.

mp

Touch and Believe

Andante ♩ = 80

Voice

Violin

Viola

Cello

mp *fluidly* *p* *f*

mp (harmonics sound where written)

3

mp *mf* *mp* *mp*

p *mf* *mp* *mp*

mp *mp*

7

mp *mf* *p* *mp*

p *mp*

(toss the short notes lightly)
espressivo

Scrim - shaw bone__ cor - sets_ my

p *mp*

10

bo - dy, Scrim-shaw bone cor-sets my bo - dy

Musical score for measures 10-13. The vocal line starts with a rest in measure 10, followed by the lyrics. The piano accompaniment consists of a right-hand melody and a left-hand bass line. A large watermark 'PREVIEW' is visible across the score.

14

my bo - dy

Musical score for measures 14-17. The vocal line continues with the lyrics. The piano accompaniment continues with the right-hand melody and left-hand bass line. A large watermark 'PREVIEW' is visible across the score.

18

While my soul, like a red

B *mf*

mf *mp*

mf *mp*

mf *mp*

Musical score for measures 18-21. The vocal line starts with a rest in measure 18, followed by the lyrics. A section marker 'B' is placed above the vocal line in measure 19. Dynamic markings *mf* and *mp* are present. The piano accompaniment includes a right-hand melody and a left-hand bass line. A large watermark 'PREVIEW' is visible across the score.

23 *accel.* *rit.* *dim.*

cloud full of weeping music, tumbles in and out of me.

dim.

dim.

dim.

28 **C** *mp*

To be singular is to have

pizz.

pizz. mp

mp

32

flesh glossed by winter's dew-drops, a belly-blued

pizz.

mp

35

by mid-night vel - vet ro - ses, and a na - vel like a ti - ny sunk - en gar -

39

den. Touch and be - lieve.

poco rit. *colla voce pp* **D** a tempo

poco rit. *colla voce arco* **D** a tempo

pp *colla voce arco* *p*

pp *colla voce arco* *mp*

44

I whis - per as though my bo - dy were a sta - tue,

p *mp* *mp*

48

Musical score for measures 48-50. The vocal line (treble clef) contains the lyrics: "wai - ting for an em - brace,". The piano accompaniment consists of three staves: treble, alto, and bass. Dynamics include *mp* (mezzo-piano) and *mf* (mezzo-forte).

51

Musical score for measures 51-53. The vocal line (treble clef) contains the lyrics: "to cry it - self a - live.". The piano accompaniment consists of three staves: treble, alto, and bass. Dynamics include *mf* (mezzo-forte).

The Grief Tree

Allegro scherzando ♩ = 120

Voice

Violin

Viola

Cello

Allegro scherzando ♩ = 120

mf

f *mf*

f *mf*

9

mp **A**

The si - lent wind of the

f **A**

f *mp*

15

mp

soul is my se - cret cal - ling, the wind

mf

21

which grooms the dark boughs of the heavy hemlocks. Why do I hunger

mp

28

af-ter an - oth - er's grief as though it would be poultice for my own wounds?

pp

36

What if the spi - ders were to grow gossamer wings,

p

mp

43 *p*

or_ with - held their sil - ken strands?

49 *mp*

To - night the moon_ mas-quer-ades_ as God's_

pizz. mp arco mp

mf

56 *mp*

light. No_ small or great_ grief_ af - fects me or do I

mp

64 *mf*

mean u - nites me?

mf

pizz. *mf* arco *mf*

72 **C** *p* *mp*

Dark-ness ticks in the roof_ beams un-til the old_ eaves sway._ Is there too much

C *p* *f* *mp*

p *f* *mp*

p *f* *mp*

81 *mp* G.P.

gra - vi - ty_ built a - round my bo - dy? ev-en in dead_ sleep,_ I_ must

G.P. *mp*

G.P. *mp*

mp

mp

90

o-pen my - self up for love... Ev-en while dream-ing, I feel like a na-ked

mp

98

fi-gure in an ar-tist's strange in - stall-ment. Dawn when

p

D

p

p

p

107

it comes will ring out its sol - ace. Try to live in

p

f

mf

p

f

mf

p

f

mf

113

mp

sev' - ral worlds at once ev - en though the thorn_grows quick - er than the wing.

mp

mp

mf

mp

119 **E**

mf

cresc.

Al - ways, I will stand be - neath the_grief tree

E

mp

mf

cresc.

mp

mf

126

f

which tells the fai - ry tale of my own rav - aged child hood, know - ing the

f

f

f

f

133

eye in the tor - na - do is the

Musical score for measures 133-137. The score is in 2/4 time and features a vocal line with lyrics and piano accompaniment in treble and bass clefs. The key signature has one flat (B-flat). The lyrics are: "eye in the tor - na - do is the".

138

eye in my soul.

ff

Musical score for measures 138-142. The score is in 2/4 time and features a vocal line with lyrics and piano accompaniment in treble and bass clefs. The key signature has one flat (B-flat). The lyrics are: "eye in my soul." The dynamic marking *ff* (fortissimo) is present in the piano accompaniment.

Shattered Sunflowers

Andante ♩ = 86

Voice

Violin

Viola

Cello

Andante ♩ = 86

mp espress.

mp espress. pizz.

mp

3

mp

Col-ored

p

p

p

p

7

mp

by col - lored mu - sic, Col-ored I kneel on pain - ted stones

12 **A** *mf*

the world af-ter all is ce-re-mon-i - al ground

mf
pizz.
gliss.

16 *mp* *cresc.*

where spi-rits slip in-side my bo-dy, slip in-side my bo-dy, slip in - side_ my_

mp cresc.
mp cresc.
mp cresc.
gliss.

20

bo-dy like_ danc - ing_ scarves.

pizz. *f* *arco* *mf*

24 **B** *mf*

I look up and see a red light

B

f *f* *f* *arco*

28 *p*

seep, seep, seep in-to a dark-ness so plush, so pro-found.

p *p* *p*

mp *p*

34 *pp*

I lis-ten for its wis-dom:—

pp *pp* *pp*

pp *pp*

pp

40 *mp*

live_ each day _____ as though it were a life - time. And so,

p

45 **C**

ev'-ry hour is a nest that makes a home _____ in

C
ord.

mf

55 *mp* *mf*

my bo - dy. And so _____ I be

colla parte

mp

colla parte

mp

colla parte

mp

gliss.

64

lieve that to be - gin a - gain. means to

f *mp*

71 *poco rit.* **D** Tempo 1 *mp*

wade through the dus - ty ash - es of the dead in - to a

p *pizz.* *mp*

75 *dim. poco a poco*

light - hued sol - i - tude where I will birth shat - tered sun - flow - ers, where I will

mf *arco* *mp*

79

birth_ shat-tered sun - flow-ers, — where I will birth_ shat-tered sun - flow-ers,

mp *p*

82

shat - tered sun - flow-ers, — shat - tered sun - flow-ers.

pp *ppp* *p* *p*

86

Vc.

pp *pp* *pizz.* *p* *morendo* *morendo* *dim.*

Grace

Andante ♩ = 68

mp

Andante ♩ = 68

With my face—

mp

3

— be ing the shade of washed pearls,— with my

6

knees the col-or of mois-tened oy-sters and my breasts full of lav-en-der and

9

vio-lets,

mf

mf

mf

13

mp with a lilt

I re - cline and dine on bits of

mp

mp

pizz.

mf

mp

15

3

spir - it - ed light cas - cad - ing from a yel - low win - dow:

mf

mp

mf

mp

17

pp privately

to look out_ means to look in - ward.

21 **A**

mf

Dark - ness loves to make its home in me with its black fea-thers and

25

piu mosso ♩ = 92

mp

mf

fly-ing dust, but I rise in time,_ rise through time,_

30

rise out - side of time while my bo - dy be - comes a wish - ing

rit. *mp* 3

f *mf*

34

Tempo 1 ♩ = 68

well, a poc - ket full of mir - a - cles, deep - ly groun - ded,

mf *B*

Tempo 1 ♩ = 68

mp *p* *mf*

mp *p* *mf* pizz. 3

mf 3 3 3

37

deep - ly stained by grace

pizz. *mp* 3

mp 3

40

Musical staff for vocal line, measures 40-42. The staff is in treble clef with a key signature of one flat (Bb). Measure 40 starts with a piano (*p*) dynamic. The notes are G4, Bb4, and A4. Measure 41 starts with a fermata over the first measure, followed by G4, A4, and Bb4. Measure 42 is a whole rest.

which lin - gers with-out a trace.

pizz.

Piano accompaniment for measures 40-42. The score includes three staves: Treble clef, Alto clef (C3-C4), and Bass clef. The key signature is one flat. The tempo is marked *mp*. The music features triplet patterns in the right hand and bass line, and a steady accompaniment in the left hand. Dynamics include *mp*, *p*, and *pizz.* (pizzicato).

43

Musical staff for vocal line and piano accompaniment, measures 43-45. The vocal staff (treble clef) has whole rests in measures 43 and 44, and a whole note G4 in measure 45. The piano accompaniment (treble, alto, and bass clefs) continues with triplet patterns and a steady accompaniment. Dynamics include *mp*.

The Death Drums

Deciso ♩ = 92 *mf*

My

Deciso ♩ = 92

f

f

(Optional) Tenor Drum, Djembe, Frame Drum, rather low-pitched

f

5

mf

bo - dy is a blue an-chor that keeps memoored in the mis-ty fog of be-ing. My

p *pp* *mp*

p *pp* *mp*

p *gliss.*

p

9 *a piacere*

soul is that mist ord. scent-ed by

p sul tasto *p* sul tasto *mp* ord. *mp*

pizz. arco *mp* *mp*

13

ash - es fal-ling from stars. I am cross-hatched with webs with a

mp *mf* *mp* *mf*

p *mf* *mp* *mf*

pizz. arco *mf*

16

red spi-der_ in my womb. My words comb the air with their soft fur - rows:

mp *p* *mp* *p*

20

pp A *f*

— speak of the ti - ny spec - ta - cles of ex - is - tence. There - fore, the bur - ied

pp *pp* *pp* *mf* *pp* *f* *f* *f*

ord. A ord. ord.

25

bell... There - fore, the bur - ied... trail. On

29

go - ing, on - go - ing are the col - ors that coo... that cue me in - to the see - ing

mp *mf* *mp* *mf* *mf* *mf*

33

f B *pp*

of one who dives deep. And when I sur -

pp *pp* *pp* *pp*

pp *pp* *pp* *pp*

ppp *pp*

colla voce

37

f

face? I will be grip-ping the o-live branch be-tween my teeth. Now is the time_ to

f *f* *f*

41

tear down the moth-eat-en tents that rent us a-part.

C *mp* Draw

45

near and be - gin to touch the ten thou-sand pet - als that cush - ion_ the car -

cresc. poco a poco

p *cresc. poco a poco* *p* *cresc. poco a poco*

48

riage of a bo - dy stilled by the death drums

f *f* *f*

51 *rall.* *dim. poco a poco*

that beat that beat in time_ with your heav - ven_ hatched heart.

rall. *dim. poco a poco*

dim. poco a poco

dim. poco a poco

54 *Adagio ponderoso* ♩ = 64

Adagio ponderoso ♩ = 64

pp

pp

pizz.

pp

pp

Spindrift Music Company

38 Dexter Road Lexington MA 02420-3304 USA
781-862-0884
www.spindrift.com info@spindrift.com

Selected Music by Pamela J. Marshall

Orchestra

Triptoe Suite (2222-4221, 1pc, timp, strings) in 4 mvts
Through the Mist (2222-2220, harp, 3pc, timp, strings) in 3 mvts
A chill wind in autumn (solo voice, 2222-4221-3pc, strings)
Traditional Christmas (treble chorus or soloist, 2222-4221, harp, 3pc, timp, strings)
Three Appalachian Carols (2222-4231, harp, 2pc, timp, strings)

Keyboard

Suite for harpsichord or piano
For piano: Daydream, Stomp, Imagine That Time Stops
Wordless Prayer for piano or organ
Playbook (Pacem Student Composing Project) for piano

Vocal

Deepest Shade for SATB chorus
The Future of Life for SATB chorus, trombone, piano
Shepherds and Angels for SATB chorus, violin, harp, tamborine
Weaving the World for SATB chorus, oboe, piano
Windshine for SATB chorus and cello
Wordless Prayer for SATB chorus

Body and Soul Vol.1 for mezzo-soprano and string trio
Body and Soul Vol.2 for soprano, flute, cello, piano
Ariel's Songs for high or medium voice and piano
Remember the Old Songs for high voice and piano
Sky's Mirror for voice and cello
A chill wind in autumn for voice and piano

Strings

Arcanum for solo violin, Soliloquy for solo cello
Elusive Sleep for cello and piano
Pascal's Theorems for cello and doublebass
Truth Becoming for string quartet
Soliloquy for cello
Rising for viola or cello
Quinteto sobre las poemas de Carlos Pintado for violin, viola, cello, doublebass, piano
Through the Mist for flute, violin, harp or guitar

Winds & Brass

Poetry-Inspired solos for flute, oboe, clarinet, bassoon, horn, trumpet
Enchanted for oboe and chamber orchestra or piano
Wanderer for brass quintet
Resonances for alto saxophone, trumpet, 2 trombones, percussion
Waves and Fountains for oboe, horn, piano
"wild horn whose voice the woodland fills" for 8 horns
Black Bear Dance for horn quartet (or choir) and drums
Zoa for flute and harp

Recordings

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Marshall



Body and Soul Vol.1